

What we do:

Najma Khanzada covers Thames, Effra & Waddon Wards at River House & Peak Ward at Lambeth Hospital; Cici Romain covers Norbury Ward at River House and works with Lambeth Community Forensic Patients; Gary Bailey covers Spring Ward at River House and Chaffinch Ward at Monks Orchard House Hannah Moses covers Ward in the Community at Lambeth Hospital and Kaamilah Hamid covers Brook Ward at River House. (River House & Monks Orchard House are both at Bethlem Royal Hospital). We also provide Independent Mental Health Advocacy (IMHA) as provided for by the 2007 amendments to the Mental Health Act 1983.

- We are independent and are not employees of the local mental health services
- Our service is free and confidential.
- You can speak with us in private about any concerns you have about being in hospital.
- You will always be making the decisions and no action will be taken without your agreement.

If you have a particular preference regarding the type of advocate you wish to see, please let us know and we will accommodate this where reasonable and practical.

Complaints about our Service:

The CSN has a complaints policy that is available from the advocates or from our office.

cpedler@csnsl.org.uk

COMMUNITY x SUPPORT NETWORK

South London
**Independent Mental Health
Advocacy Service**
(IMHA) at River House (& Other Forensic
Advocacy Services)

Can assist you in getting your voice heard

Contact Advocates:

Gary Bailey, Spring Ward (River House) and Chaffinch* Wards (*Monks Orchard House: (mob: 07387 411221) gbailey@csnsl.org.uk

Najma Khanzada: Thames, Effra & Waddon Wards (River House), Peak Ward, Lambeth Hospital (mob: 07944 405750), nkhanzada@csnsl.org.uk

Cici Romain: Norbury Ward, River House & Lambeth Community Forensic Clients
cromain@csnsl.org.uk and mob: 07949 957 200

Kaamilah Hamid: Brook Ward, River House:
khamid@csnsl.org.uk Mob: 07534 276 502

Hannah Moses: Ward in the Community (Lambeth Hospital) hmoses@csnsl.org.uk Mob: 07950 412902

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Tel: 020 7274 4490

Registered Charity No. 1083649

Company No. 4041867

www.csnsl.org.uk

We're Here to Help You

It can sometimes be difficult to express your opinions about your treatment and care. This can be particularly hard if you are on a Section of the Mental Health Act 1983 as amended 2007.

You have the right to be heard.

Your opinions should be listened to by medical/nursing staff and social workers.

An advocate can help you by supporting you when you want to voice your concerns or by representing you if you feel unable to do so yourself.

Find out more by talking with an advocate on the ward or contact us by writing or phoning our office.

Some examples of the ways an Advocate Can Help You:

- ◆ Listening to you and helping you to get your voice heard
- ◆ Supporting you at Ward Rounds and CPA meetings
- ◆ Supporting you when you are talking about your treatment plan with your nurses and doctors
- ◆ Giving you clear information about your rights, medication and any part of your treatment.
- ◆ Giving you information about community groups and support.
- ◆ Referring you to more specialist areas of help (e.g. Legal advice) when appropriate
- ◆ Helping you to appeal against your section